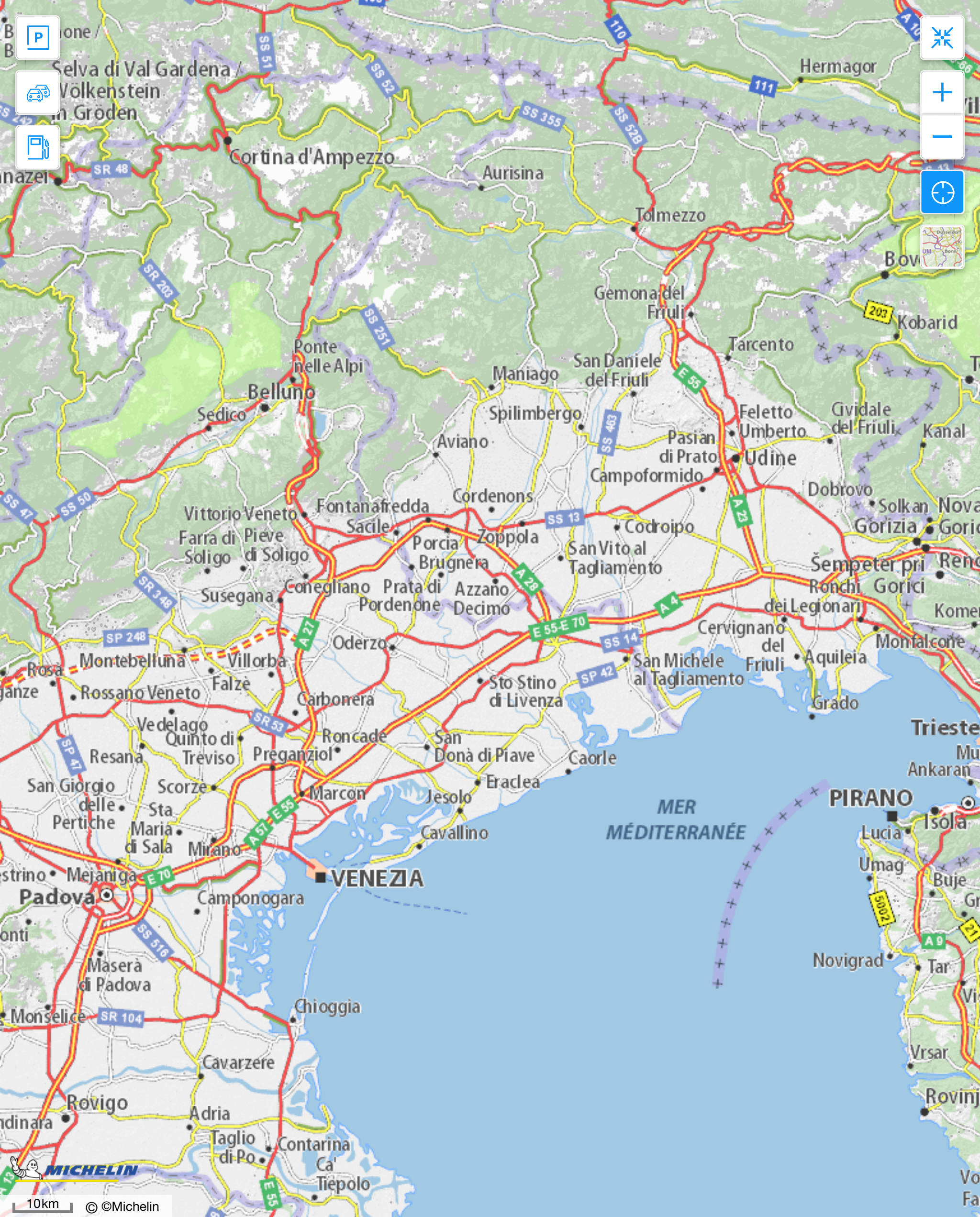
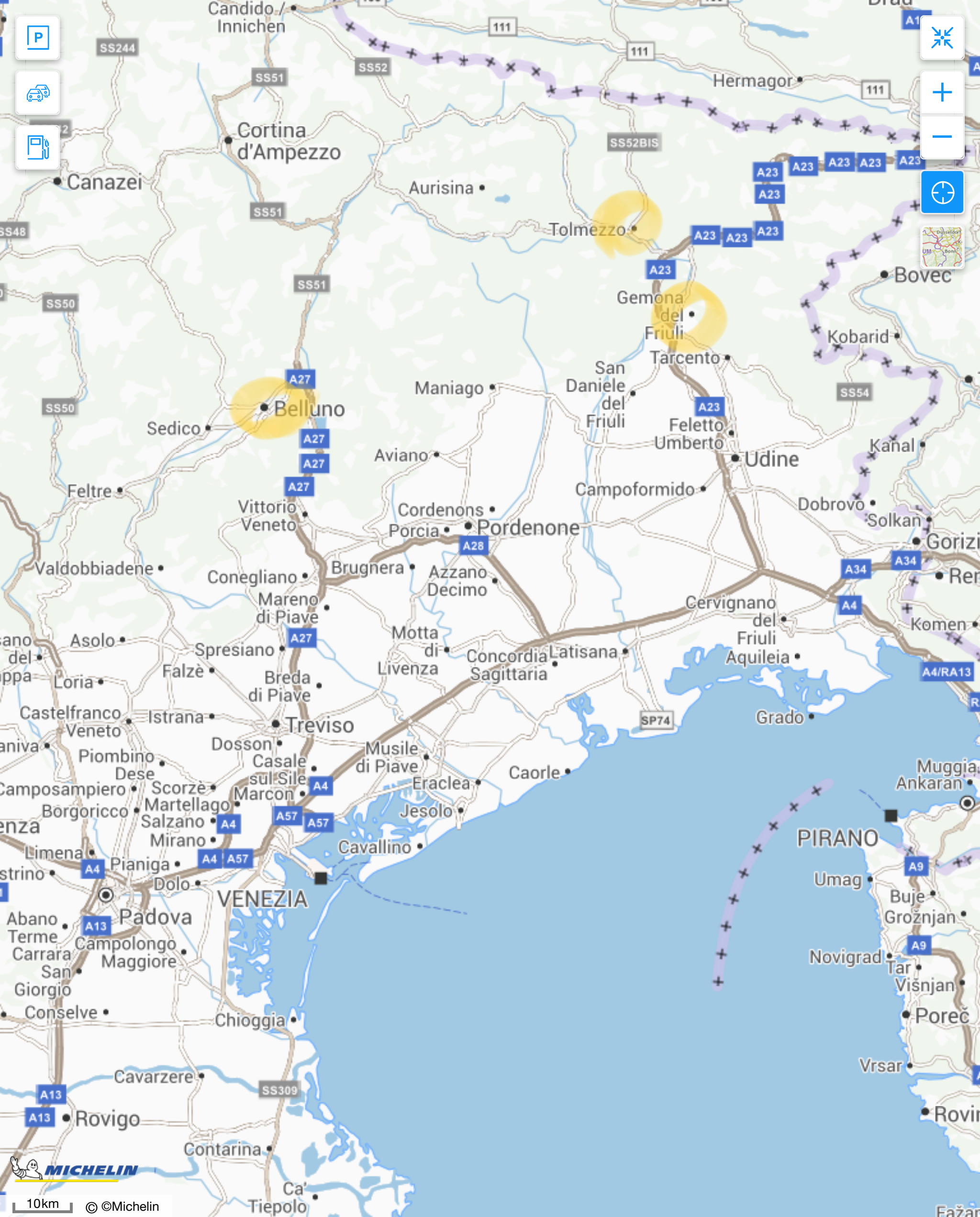


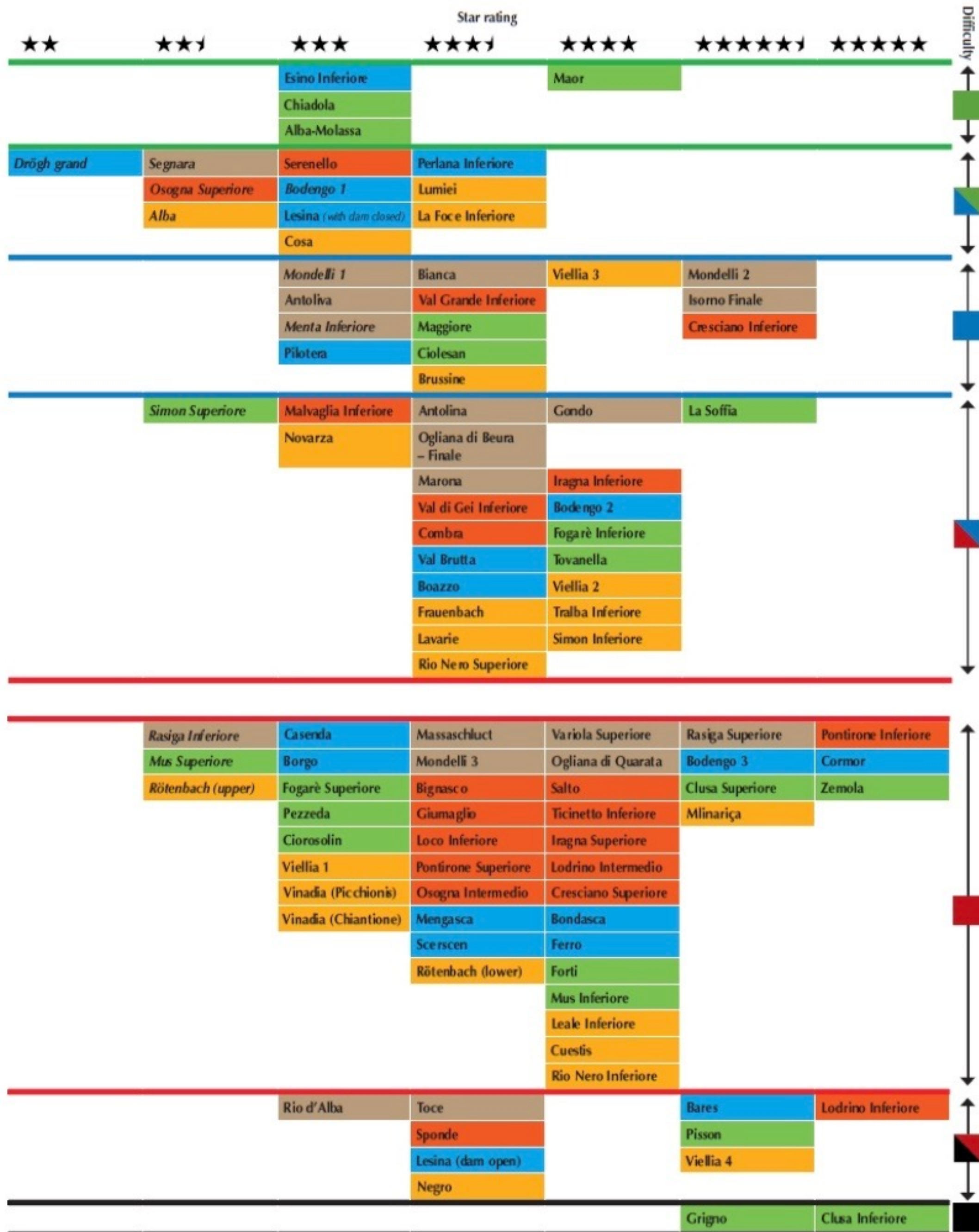
Areas covered in this guide







ROUTE PLANNER



Val d'Ossola

Ticino

Lake Como

Dolomites


Camia and the Julian Alps

Italics = Minor route (labelled 'a' in text)

Carnia and the Julian Alps	72	Rötenbach	Lower	3.5	Red	20mins/2.6km RW	2–3hrs	10mins	33m (2x35m)	E M L	No
	72a	Rötenbach	Upper	2.5	Red	45mins–1hr15/2.6km RW	1hr30–2hrs	45mins	38 (2x45m)	E M L	No
	73	Frauenbach		3.5	Blue–red	40mins	3–4hrs	5mins	50m (2x30m)	E M L	Yes – no info
	74	Novarza and Lumiei	Novarza	3	Blue–red	20mins/0.8km RW	2hrs30–3hrs	15mins	50m (2x40m)	E M L	Yes – no info
	75	Novarza and Lumiei	Lumiei	3.5	Green–blue	10mins/3.2km RW	2hrs	15mins	16m (2x20m)	E M L	Yes – no info
	76	Rio Negro		3.5	Red–black	1hr40	2–3hrs	40mins	18m (2x20m)	M L	No
	77	Viellia	Part 1	3	Red	2hr30	2–3hrs		55m (2x40m)	E M L	No
		Viellia	Part 2	4	Blue–red	1hr50	1hr30		35m (2x25m)	M L	No
		Viellia	Part 3	4	Blue	1hr30	1hr30		23m (2x25m)	E M L	No
		Viellia	Part 4	4.5	Red–black	1hr	3–4hrs	15mins	20m (2x25m)	M L	No
	78	Vinadia	Picchionis	3	Red	0mins/2hrs30	5–7hrs	0mins	25m (2x30m)	E M L	Mid-descent – no info
	79	Vinadia	Chiantione	3	Red	0mins/2hrs	5–6hrs	0mins	52m (2x60m)	E M L	Mid-descent – no info
	80	La Foce Inferiore		3.5	Green–blue	10mins/3km RW	1hr30	2mins	7m (2x10m)	E M L	No
	81	Cosa		3	Green–blue	0mins/9.5km RW	3hrs–3hrs30	15mins	12m (2x15m)	E M L	No
	82	Leale Inferiore		4	Red	20–30mins/1hr30	2hrs	20mins	20m (2x20m)	E M L	Yes – low risk
	83	Lavarie		3.5	Blue–red	5mins/45mins	2hrs	2mins	80m (2x40m)	E M L	No
	84	Tralba Inferiore		4	Blue–red	1hr15/8.8km RW	3hrs30	30mins	30m (2x30m)	E M L	Yes – no info
	84a	Alba		2.5	Green	25mins/8.8km RW	2hrs	30mins	18m (2x20m)	E M L	Yes – no info

Area	Route no	Canyon	Part	Star rating	Overall difficulty	Approach (with/without shuttle)	Descent	Return	Max pitch (Rope length after shrinkage)	Season (early/mid/late summer)	Dam
Carnia and the Julian Alps <i>(continued)</i>	85	Simon	Inferiore	4	Blue-red	1hr/2km RW	2hrs30-3hrs	5mins	26m (2x30m)	E M L	No
	85a	Simon	Superiore	2.5	Blue-red	2hrs30/2km RW	1hr30-2hrs	45mins	37m (2x40m)	E M L	No
	86	Cuestis		4	Red	1 hr	3-4hrs	10mins	70m (2x60m)	E M L	Yes - low risk
	87	Rio Nero	Superiore	3.5	Blue-red	1hr30	1hr30	40mins	16m (2x20m)	E M L	No
	88	Rio Nero	Inferiore	4	Red	1 hr	2hrs30	10mins	13m (2x20m)	E M L	No
	89	Brussine		3.5	Blue	30mins	2hrs30	20mins	57m (2x60m)	E M L	No
	90	Mlinarica		4.5	Red	10mins/50-60mins	3hrs-3hrs30	5mins	50m (2x55m)	E M L	No

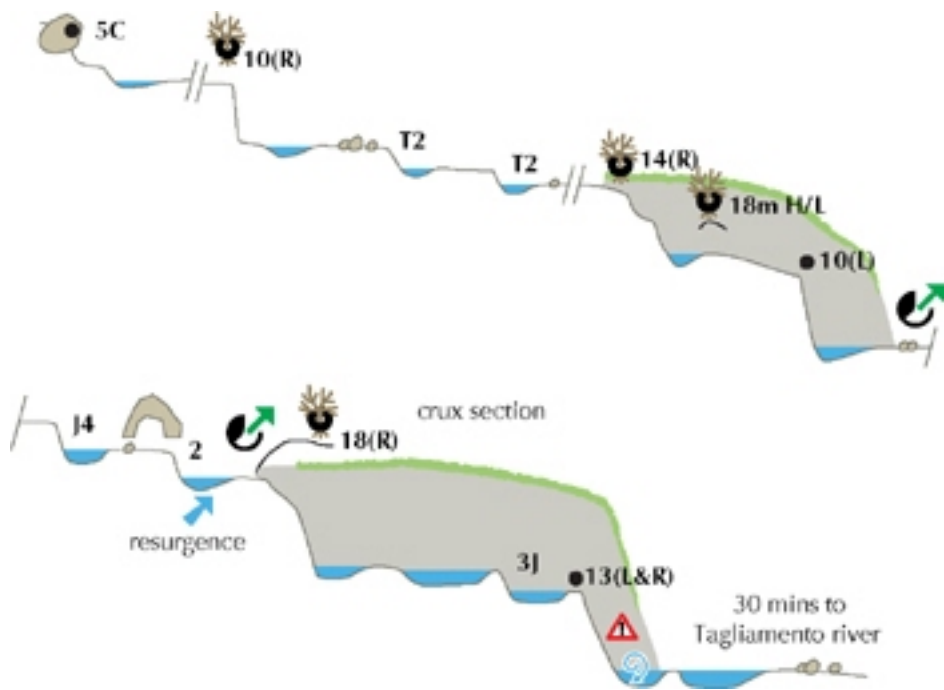
ROUTE 76: RIO NEGRO

RIO NEGRO ★★★★★  V5.A6.II–III	
Rock	Limestone
Dimensions	Depth 111m (642m–531m); length 1600m
Ideal season	Mid to late summer
Time	Approach 1hr 40mins; descent 2hrs 30mins–3hrs; return 40mins
Shuttle info	N/A
Tick rating	0–1
Gear	2x20m ropes
Technical notes	A handful of single anchors supplements mainly natural rigging. Always aquatic. Flow doubles just prior to the crux section. One pitch in the full flow of water into a very turbulent pool. This canyon is best done after a period of stable weather. Very slippery rock.
Escapes	Numerous before the final enclosed section

Discovered only in 2010, Rio Negro is Carnia’s newest challenge. It might seem a long way to go for such a short canyon, but your efforts will be amply rewarded for the canyon’s stunning final section. This sombre and aquatic passage provides a test of nerve for white-water enthusiasts, but a large, partially subterranean catchment area means that it requires a period of stable weather to come into condition. Come prepared to bypass this section all together.



No room for error – the final turbulent pitch



DESCENT

To start with the river is quite open. The first pitch is down-climbable to the left with care (bolt in situ). The second pitch is rigged off a tree to the right. The canyon then becomes more defined. It closes in for two pleasant pitches, the second of which has a precarious approach in high water conditions. If a strong current dictates that you need to use the tree belay high on the right (very awkward climb required), then the crux section is probably too wet. A 4m jump/toboggan follows, then another small jump into a pool. A resurgence enters underwater here, doubling the flow of the river and halving its temperature. The canyon narrows down for the crux section – escape is possible just prior to this. A tree belay around to the right (exposed) provides access to the slot. Exit is via an aquatic abseil into a very turbulent pool, with anchor on the left – great care required. From here it is much easier going. Two small climbs/jumps and a lengthy swim break up 30mins of slippery boulder-hopping.

RETURN

Follow the Tagliamento back downstream. Take lilos!